Effects of Sexual Bullying

Kids who are sexually bullied can experience negative physical, school, and mental health issues.

Sexual bullying can be anything that has a sexual message that makes a girl feel intimidated or uncomfortable.

**When someone if sexually bullied they may feel:**

* Embarrassed
* Angry
* Ashamed
* Bad about their own body
* Isolated
* Uncomfortable
* Intimidated

**They may also:**

* Become quiet or withdrawn from friends.
* Lose interest in activities they enjoy.
* Change their seats or skip class all together.
* Stop doing their hair or makeup.
* Start wearing baggy clothing.
* Stop eating or have a loss in appetite.
* Start dieting or gain weight.
* Avoid social situations.
* Have a sudden drop in grades or failing a class.
* Use negative “I am” statements.
* Lose trust in others.
* Feel uncomfortable when talking about sex.
* Have problems concentrating.
* Isolate themselves from others.